

The Monthly Eagle Update

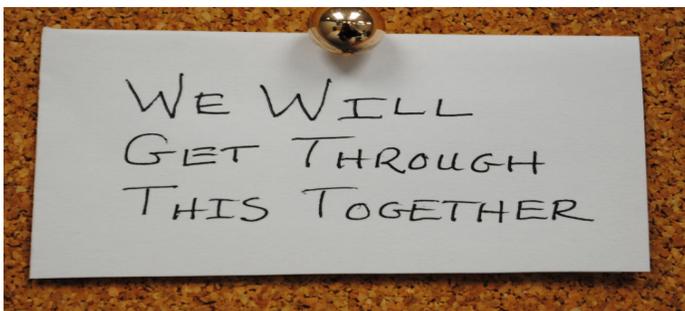
APRIL 2020

Village Strong! Perseverance in challenging times. Keeping Eagle Village kids healthy in mind, body and spirit.

With the Covid-19 virus changing the daily lives of people worldwide, it is truly amazing to see the great response of all those at Eagle Village, staff and youth alike. They have adapted to the necessary changes and overcome inevitable challenges that are part of keeping everyone on our campus healthy and safe.

Eagle Village is essential. We provide a safe haven for kids who have been abused, abandon and neglected. We support foster families and adoptions. We give families hope and the tools to be successful. Our work is *ongoing and critical* for the health and safety of Michigan's youth.

Together, the Eagle Village team has worked quickly and thoughtfully to put together schedules for our youth that give each day a sense of normalcy, structure and meaning. All the while, meeting the recommended guidelines to prevent the spread of the virus.



Team Eagle Village!

Share some words of encouragement to our staff who continue to work day and night to ensure the health, safety and happiness of our kids! We would love to hear from you! #teameaglevillage



Youth that share the same residential home play outside in small groups to get fresh air and exercise. They are enjoying this mild spring day with a baseball game!



Through the use of technology and a little fun, our Lighthouse Academy teachers prepared an academic plan for our students during this time away from school in order to continue meeting their educational goals.



Last week the girls learned about the Meyers Briggs personality styles and identifying personality traits. They drew Disney princesses to illustrate what they learned and what traits fit them best!



11th Triannual Eagle Village Lighthouse Academy Art show!



We have some incredibly talented youth on our campus and for many of them creating art provides a deeply therapeutic outlet and mindful relaxation. The triannual art show gives our students a chance to display some of the amazing pieces they have poured so much time and hard work into.

Fun activities you can do with your kids they are sure to love!

When our youth are not in school we do our best to keep them active and engaged with fun and interactive activities. Here are some of ideas that you can do with your kids at home too!

Quick Draw: Each person is given one color pencil and a sheet of paper and given two minutes to draw a picture on the paper. After the two minutes the paper is passed to the next person and they are to continue the drawing for two minutes and the pass again to the next person. This continues until each person has drawn on every sheet of paper. Finally, each person has two minutes to come up with a story based on the drawings on their original piece of paper.

Scavenger Hunt: An interactive version of I-Spy, scavenger hunts are a fun way to pass the time both indoors and out. This game can be specific to an area, a theme, and a color or completely random. Your imagination is the limit when coming up with a list of things to find or “scavenge” for each person. The winner can be determined by who finds all of the items on their list first or who can find the most within a certain time limit.

Mindfulness Nature Walk: Focused on stress management, relaxation, and reflection, this activity is a wonderful way to get to enjoy the outdoors while embracing the art of “being in the moment”. During the walk, take moment to stop, notice and discuss; 5 things that you see, 4 things that you feel, 3 things that you hear, 2 things that you smell and 1 thing that you taste. This could be a starting point for conversation or even quiet contemplation as you continue on your walk.

Get Involved

